# Tour will Cover

#### Neer Garh Water Fall:

About a mile and a half NE from the Laxman Jhula Bridge in Rishikesh lies one of the best natural escapes around. A series of three stunning waterfalls make up the Neer Garh falls. Once you are by the stream, there is a small pool at the bottom that you can dip your feet in or even sit at a table in and drink some chai. From here you will follow the stairs up the mountain and along the stream to cross the first bridge. The trail keeps going up and gets gradually steeper, but when you see the two lower tiers of waterfalls from the trail, you can veer



off of the trail to get a closer look and also a more intimate photographic opportunity.



#### Beatles Ashram:

The Maharishi's International Academy of Meditation, also called the Chaurasi Kutia Ashram, is a 14-acre (57,000 m2) compound surrounded by jungle, set across the Ganges from the town, and 150 feet (46 m) above the river. Beatles spent some time learning meditation here in 1968 and composed a few famous songs.

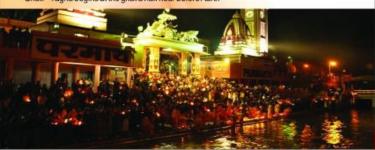
#### Ram Jhula:

Ram Jhula is an iron suspension bridge across the river Ganges, located 3 kilometres (1.9 mi) north-east from the town Rishikesh in the Indian state of Uttarakhand. The bridge connects the Sivananda Nagar area of Muni Ki Reti in Tehri Garhwal district to Swargashram in Pauri Garhwal district crossing the river from west to east. Built in the year 1986, the bridge is one of the iconic landmarks of Rishikesh.



# Ganga Aarti:

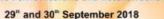
The sunset Ganga Aarti at Parmarth Niketan draws between hundreds and thousands of visitors each day from all cultures, all languages, all religions and all walks of life. Regardless of one's religion or ability to understand Hindi or Sanskrit, the power of the aarti is universal. Ganga Aarti transcends the borders and boundaries of language and culture, diving straight into one's heart, carrying one to Heaven. Ganga Aarti begins every day at sunset (times vary depending on season, please check with reception for daily timings) at Parmarth's Ganga Ghat. Yagna begins at the ghat a half hour before Aarti.





# Mid Term CME UAU-2018

# Female Pelvic Medicine and Reconstruction





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# Under the aegis of Urological Association of Uttar Pradesh and Uttarakhand Mid Term CME UAU-2018



# Female Pelvic Medicine and Reconstruction

29th and 30th September 2018



# **National Faculties**

Dr. Ajit Saxena - Noida	Dr. Rajamaheshwari Natrajan - Chennai	
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Dr. Pawan Kesarwani - Ghaziahad Dr. S.N. Sankhwar - Lucknow

All India Institute of Medical Science (AIIMS) Rishikesh

# Message -

Dear friends.

Season's greetings!

It is our pleasure to invite you to attend the Mid Term CME UAU on Female Pelvic Medicine and Reconstruction in Devbhoomi Rishikesh. Rishikesh, the land of chardham is known for its rich cultural heritage and scenic beauty. The mystic view of Holy River Ganga flowing through the city takes one into another world of peace and tranquility. This is a welcoming change from the routine hustle and bustle of everyday life. We hope to give you the experience that you will cherish for the rest of your life.

Learning is best with a calm and composed mind and this will be our aim. Female pelvic medicine and reconstruction is an important subspeciality in the field of Urology. To meet the needs of the delegates, the course content has been designed to cover all aspects of Female Pelvic Medicine.

There will be didactic lectures, video sessions and panel discussion on Stress urinary incontinence, Overactive bladder, Voiding dysfunction in females, Female urethral stricture, Vesicovaginal fistula, Pelvic organ prolapse and Urodynamic by the experts. Many eminent Urologist and Gynecologist with special interest in Female Urology all over country will participate in this CME.

Waiting to welcome you in the event.



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# - Scientific Program



# Mid Term CME UAU-2018

# Female Pelvic Medicine and Reconstruction



29" September, 2018

Venue: LT-2, All India Institute of Medical Sciences, Rishikesh
Day 1 (Saturday, 9:00 am - 5:00pm)

# Session 1- Basic understanding: Voiding dysfunction in Females (9:00-10:00)

- 1. Current concepts of Female pelvic anatomy & physiology (15 min)
- 2. Physiology of normal voiding (15 min)
- 3. Role of Urodynamic in evaluation of SUI, OAB and voiding dysfunction (30 min)

#### INAUGURATION: (10:00-11:00)

# Session 2: Overactive bladder (11:00-12:00)

- 1. Holistic approach of Management-New in drug therapy (15 min)
- 2. Refractory OAB-Treatment options (15 min)
- 3. Case based discussion (30 min)

#### Session 3: Female urethral stricture (12:00-13:30)

- 1. Etio-pathogenesis and management (15 min)
- 2. Female urethroplasty video presentation (30 min)
- 3. Female dysfunctional voiding: etio-pathogenesis and management (15 min)
- 4. Case based discussion (30 min)

# Lunch break (13:30-14:30)

# Session 4: Stress urinary incontinence (14:30-17:00)

- 1. Epidemiology, pathophysiology and diagnostic strategy (20 min)
- 2. Conservative approach of management (10 min)
- 3. Evolution of surgical treatment (20 min)
- 4. Videos on Current surgical approach with Tips and tricks (30 min)
- 5. Ways of preventing complications and correcting failures (20 min)
- 6. Imaging of Slings: assessment of outcome and complications (10 min)
- 7. Case based discussion (30min)

# GALA DINNER: 7:30 onwards

# Scientific Program



# Mid Term CME UAU-2018



Female Pelvic Medicine and Reconstruction

30" September, 2018

Venue: LT-2, All India Institute of Medical Sciences, Rishikesh
Day 2 (Sunday, 9:00 am - 12:30 noon)

# Session 1- Pelvic Organ Prolapse (9:00-10:30)

- 1. Clinical evaluation and diagnosis: video session (20 min)
- 2. Surgical Management of POP- When? What? HOW? (40 min)
- 3. Case based discussion (30 min)

# Session 2: Vesico-vaginal fistula repair (10:30-12:00)

- Case based Panel discussion (Etiology, workup, approach and management) (30 min)
- 2. Trans-vaginal VVF Repair-video presentation (30 min)
- 3. Trans-abdominal Robotic VVF Repair-video presentation (30 min)

Valedictory function and Vote of thanks (12.00-12.30)

Lunch 12:30

Organizing Committee is arranging a pre-conference excursion.

his will be arrange on request and will start in afternoon of Friday and will finish by evenir.

For details please see overleaf

# Registration

Registration Fee Rs. 3000/- Delegate

Rs. 1,000/- Accompanying Person

Rs. 5.000/- on spot

Registration of Residence Doctors will be Free on production of a letter from their Head of Department.

# Bank Details :

Bank : Punjab National Bank Account No. : 6189-000-1000-49-723 IFSC Code : PUNB0618900

Registration online only. Please bring your transection ID alongwith.